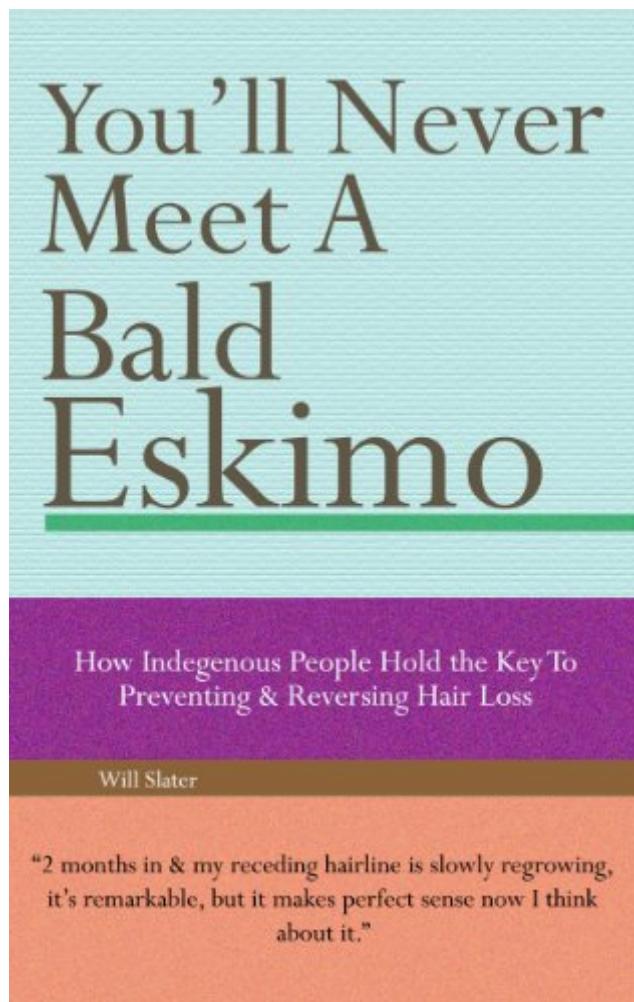


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# You'll Never Meet A Bald Eskimo - How Indigenous People Hold The Key To Preventing & Reversing Hair Loss



## **Synopsis**

You'll Never Meet A Bald Eskimo - How Indigenous People Hold The Key To Preventing & Reversing Hair LossIt's now clear that "male pattern baldness" is a fairly modern phenomenon which doesn't occur in Indigenous populations. After years of research combined with trial and error the distinguishing factors of modern life which trigger our "genetic predisposition" for hair loss have been boiled down and compiled in our book. The key is that simple changes can make a huge difference and the results are evident within months or even weeks.

## **Book Information**

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## **Customer Reviews**

This was a pretty good read. This was not just a book about hair loss, but about our health in general. It points out the rising trend that more and more young men are suffering from male pattern baldness at earlier ages. And that indigenous people like "Eskimos" don't seem to suffer from this affliction. It considers what many in the scientific community studying hair loss in men do not consider, and that is MPB may not be the result of random genetics happening to people "Just cause". Slator makes a compelling argument for MPB being the result of poor health brought about

by unnatural habits modern men in society practice. From eating against our individual genetics to sexual practices that deplete vital "energies" or nutrients (A view not considered by modern science as a correlation to MPB since it is based off of an opposing view in their health) this book considers multiple angles and how each may be a factor. Another great plus is that these alternative approaches can be halted and possibly reversed through simple means like finding your correct diet or changing your bedroom practices. This is an interesting solution than just get surgery or wait for the next medical miracle. The downside is that some of the conclusions can seem drawn from vague sources at times and the author seems unable to backup many of his claims with authoritative expert sources. It would really help his position if he could get a third party opinion from some trusted source. The questionnaire about finding the correct diet seemed good at first, but there was an instance of a question repeating itself, and a few possible answers to some of the questions missing. While not discrediting does weaken the argument that it is valid for finding your correct or natural diet.

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